

Building Momentum Check List (Please mark X for task complete. Tally the score at end of week in the right Light Grey Box)

Distributor Name:

Week

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun	Tally
1	<input type="checkbox"/> Listen 1 Audio below	<input type="checkbox"/> Listen 1 Audio below	<input type="checkbox"/> Listen 1 Audio below	<input type="checkbox"/> Listen 1 Audio below	<input type="checkbox"/> Listen 1 Audio below	<input type="checkbox"/> Listen 1 Audio below	
	<input type="checkbox"/> :	<input type="checkbox"/> :	<input type="checkbox"/> :	<input type="checkbox"/> :	<input type="checkbox"/> :	<input type="checkbox"/> :	
2	<input type="checkbox"/> Read Goals 2X	<input type="checkbox"/> Read Goals 2X	<input type="checkbox"/> Read Goals 2X	<input type="checkbox"/> Read Goals 2X	<input type="checkbox"/> Read Goals 2X	<input type="checkbox"/> Read Goals 2X	
3	<input type="checkbox"/> Read 15 - 30mins	<input type="checkbox"/> Read 15 - 30mins	<input type="checkbox"/> Read 15 - 30mins	<input type="checkbox"/> Read 15 - 30mins	<input type="checkbox"/> Read 15 - 30mins	<input type="checkbox"/> Read 15 - 30mins	
4	<input type="checkbox"/> Call Partner	<input type="checkbox"/> Call Partner	<input type="checkbox"/> Call Partner	<input type="checkbox"/> Call Partner	<input type="checkbox"/> Call Partner	<input type="checkbox"/> Call Partner	
5	Make 2 New Friends Daily						
	New Friends	New Friends	New Friends	New Friends	New Friends	New Friends	
i							
ii							
6	Number of Approach New or Existing Prospect / Customer: Objective is 1 to 2 appt to show biz plan)						
i							
ii							
iii							
7	Appointment SET- Can be FORM appt, Business or Product sharing (Btw 1- 3 apt for Follow-up) (F - FORM: FB = Followup biz : FP=Follow Product)						
i							
ii							
8	Order min 1 BV &/or IBV Product & from one Partner Store a Week (Indicate prod and BV or IBV in \$\$)						
BV							
IBV							
Store							
9	Share the Business (Show min 1 - 2 Plan Per week - to a qualify personal prospect or SOMEONE or ANYONE & list NEXT STEPS)						
i							
ii							
10	TEAM Weekly Culture/NMTSS Events Attend (Also State other events attended, E.g. B5, TLS Overview, ISM, ECCT, etc.)						
	<input type="checkbox"/> Coring	<input type="checkbox"/> Product Webinar	<input type="checkbox"/> HBP/UBP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
11	Ticket Move to (Convention, Local Seminar, GPT, TLS Overview, NUOT, B5 etc.)						
	<input type="checkbox"/> Event/Name :	<input type="checkbox"/>	<input type="checkbox"/> Event/Name :	<input type="checkbox"/>	<input type="checkbox"/> Event/Name :	<input type="checkbox"/>	
12	Positive Out Loud Verbal Projections 50-100x's per day						
	High:	<input type="text"/>		Low:	<input type="text"/>		