

Learn Healthy Lifestyle Living

**Free Informational Overview**

**Wednesday, Sept 17th – 6:30 pm**

Class starts

Wednesday, Sept 24th – 6:30 pm

2213 Pebbleview Loop – Bismarck

Call: Heidi Schirado 701-391-3615

Denise Hauff 701-220-1070

**Healthy You**

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**Happy You**